

Sight is god's gift to mankind and eyes are probably the most beautiful and expressive part of human face. Over a period of time, however, their beauty gets marred by various age related changes. In today's age there is a high premium on beauty and people are willing to take the advantage of latest techniques available to make the required changes.

The commonly preferred aesthetic treatments are use of injectable Botox and fillers. Botox is an effective way to treat wrinkles on the forehead and around the eyes. Fillers made of Hyaluronic acid gel are used to treat various age related hollows and depressions that come up around the eyes and give the eyes a tired look. The aim of such aesthetic treatment is to give the entire face a youthful look.

Ophthalmic Plastic Surgery also known as 'Oculoplasty' is truly a combination of art and science. Oculoplasty surgeons can now not only restore normal function, but also near normal appearance of eyes, which have suffered from disease or trauma in the past.

Have you ever thought how important it is to be able to blink normally? We generally take this basic function of our eyelids as granted till there is a problem; as happened in the case of Manju (name changed on request). Manju visited Centre for Sight, troubled by recurrent episodes of redness and watering in her left eye for over 2 years.

Her problem had started after a neurosurgery was done to remove a tumor from her brain. During the surgery, nerve supply to various facial muscles had got paralysed, thus she was unable to completely close her left eye. The Oculoplasty surgeon at CFS implanted a specially designed plate made of gold inside her upper



FOR YOUR EYES ONLY

OCULOPLASTY IS NOT RESTRICTED TO AESTHETICS ALONE. A PERFECT AMALGAMATION OF ART AND SCIENCE, IT CAN HELP RESTORE NEAR NORMAL FUNCTION AND APPEARANCE TO FLAWED EYES.

eyelid; a simple procedure, but something that restored her normal blinking capabilities relieving her symptoms effectively.

Consider another situation where Mr Sinha (name changed), an MNC Executive who presented with repeated, involuntary and untimely spasms of his eyelids because of which he was unable to keep his eyes open for a

long time. His condition was diagnosed as Essential Blepharospasm. He was given few shots of Botox around his eyes. Soon after the treatment, he was back to his normal routine without being bothered by the troublesome spasms of the eyelids.

There has certainly been an increase in the number of road accidents in the

past few years, associated with which are a number of eye problems. For instance, people coping with badly damaged or shrunken eyes as a result of severe trauma, often tend to hide behind dark glasses and restrict their social engagements. But this is not necessary nowadays with advances in modern Ophthalmic Plastic Surgery, whereby the damaged eye can be replaced by a more natural looking artificial eye made of Acrylic. This eye not only looks, but to some extent even moves like a normal eye, though without any visual function.

Any reconstructive treatment around the eyes is a delicate and technically demanding job. It takes skill, expertise, time and the latest technology. Needless to say that it is best performed by an eye surgeon with appropriate super specialised

PTOSIS (DROOPY EYELIDS)



BEFORE SURGERY



AFTER SURGERY

training and sharp aesthetic sense in order to achieve satisfying results without unwanted complications.

Watch out for the next part of this series on May 24, 2009

OPHTHALMIC PLASTIC SURGERY PROVIDES SOLUTIONS TO:

- Age or illness related changes to the eyes
- Cosmetic changes related to the eyes
- Droopy eyelids
- Difficulty in opening or closing the eyes
- Persistent watering from the eyes
- Tear duct obstruction
- Damaged or shrunken eyes
- Removal of tumors from in and around the eye (orbit)

DID YOU KNOW?

- Reconstruction surgery techniques were being carried out in India way back in 2000 BC. Sushruta (6th century BC) made important contributions in the field of Plastic and Cataract surgery.
- The first description of Blepharoplasty (surgery to correct loose eyelid skin) dates back to 1000 years.
- Eighty six per cent of plastic surgery patients are working women. It is not confined to just celebrities and rich people.
- Botox is actually a toxin produced by a bacterium. But has wide range of clinical applications and treatment of wrinkles is just one of them.

WIN FOR YOUR EYES

ANSWER THE FOLLOWING QUESTION CORRECTLY TO WIN A FREE EYE EXAMINATION*/A PAIR OF SUNGLASSES

Q: Oculoplasty deals with :

- A) Droopy Eyelids; B) Watering Eyes; C) Facial Rejuvenation; D) All of the above.

Type CFS <space> correct answer (A, B, C or D), TOI, Name, Area Pincode and Address and send in your entries to 9848356765 by May 11, 2009. Winners will be decided through a lucky draw.

Winner of the last series: **Mr Ansh** of Dwarka

* ONLY REGISTRATION FEE OF RS 50 NEEDS TO BE PAID



CENTRE FOR SIGHT

GROUP OF EYE HOSPITALS

SOUTH DELHI: B-5/24 Safdarjung Enclave, Opposite Deer Park Tel: 011 45738888, 41644000, 9313837311/12
 EAST DELHI: F-19, 1st and 2nd Floor, Preet Vihar, Main Vikas Marg, Tel: 011 43097930-31, 34, 9310493560
 GURGAON: SCO Complex - 317, Sector 29 Tel: 95 124 4210317-18, 4287300, 9310486490
 FARIDABAD: At Sunflag Hospital, Sector 16A Tel: 9968354213 , 9350747431, 95 129 4004441-42
 AGRA: G-5 & B-5, Friends Wasan Plaza, Sanjay Place Tel: 0562 4044113, 3257515
 CFS CLINIC: D2 /2601, Vasant Kunj, New Delhi, 011 46027438, 41644000
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